

Sex and Relationship Education Policy

Aims

This policy aims to give a clear view of our school's pastoral role and proactive approach to Sex and Relationship Education (SRE) through our PSHE and statutory Science curriculum. This policy has been developed in partnership with the whole school community and The Health Education Link Service.

At Streatham Wells Primary School we aim to educate and support our children in the development of self confidence and relationships, enabling pupils to participate harmoniously in the wider community.

The teaching of SRE is an important aspect of a child's education supporting them to make informed choices throughout their lives.

Definition

Sex and Relationship Education is a lifelong process involving the:

- Growth of knowledge
- Development of skills
- Exploration of attitudes

Sex and Relationship Education should ensure that all children:

- Develop confidence in talking, listening and thinking about feelings and relationships
- Are able to name parts of the body and describe how their bodies work
- Can protect themselves and be able to ask for help and support
- Are prepared for puberty

DfE (2013)

We teach children:

- The physical development of their bodies as they grow into adults

- The scientific vocabulary for all parts of the body and encourage sensible attitudes to natural bodily functions.
- To understand and respect differences and similarities between boys and girls
- The way humans reproduce
- To respect their own bodies
- To understand why hygiene is important
- To identify positive things about themselves and their achievements
- The importance of loving and caring relationships and the idea of mutual responsibilities within these relationships.
- To recognise and challenge gender stereotypes
- The importance of family life and to recognise that families are different and to challenge stereotypes about families
- Moral issues
- To understand what makes a positive relationship
- To be able to use basic techniques to resist pressure
- Respect for the views of other people
- To help young people understand they have rights
- To be able to demonstrate simple decision-making strategies
- To understand and be able to use assertiveness skills

Please refer to Appendix 1 for year group overview.

The SRE scheme of work has been developed to meet the needs of the pupils through a needs assessment process. Lessons and resources have been taken from the Young London Matters SRE Core Curriculum for London: A Practical Resource.

Agreed Approaches

As part of our PSHE curriculum we aim to provide a comprehensive and planned SRE programme for all children.

1. SRE is co-ordinated by our PSHE co-ordinator and is delivered by both class teachers and outside agencies where necessary.
2. We will teach all of our children the knowledge, skills and attitudes to support them through their physical, emotional and moral development. We believe these are very important attributes for all children to acquire prior to secondary school and to support them in later life.
3. Our scheme of work will be delivered using a range of teaching and learning styles to support children's participation and the development of skills, knowledge and attitudes. Sex and relationship education will be addressed during assemblies, science lessons, story time, PSHE lessons and circle time. Lessons will be taught sensitively in a secure and safe environment. Children's

views will be valued and there will be opportunities provided for children to discuss any issues on a 1:1 basis. There may be times when single gender groupings are more appropriate and this will be decided by the class teacher and PSHE co-ordinator in consultation with pupils.

4. As SRE incorporates the development of self-esteem and relationships, children's learning does not always take place during the taught curriculum and at Streatham Wells we acknowledge that it occurs through all aspects of school life and provision is made for this.
5. All outside agencies will be made aware of the school's SRE policy.
6. The PSHE co-ordinator will offer induction training on the SRE scheme of work to any new teachers as required.
7. All staff and KS2 pupils will be made aware of the sanitary provisions within the school.

Organisation

Pupils are taught SRE as part of the **statutory** National Curriculum for Science as outlined below as well as through dedicated PSHE lessons.

Key Stage 1

Animals, including humans, move, feed, grow, use their senses and reproduce
Children should recognise and name the main external parts of the human body.
That humans can produce offspring and these grow into adults.

Children should recognise similarities and differences between themselves and others and treat others with sensitivity.

Key Stage 2

Life-processes common to humans include nutrition, growth and reproduction
The main stages of the human life cycle

Parent/Carer Involvement

The school is committed to working with parents and carers. Letters will be sent to parents at the beginning of the term that their child will receive Sex and Relationship lessons. This letter will outline the content of these lessons. Parent's evenings will be held following any adaptation to the SRE policy, scheme of work or resources. Significant aspects of sex and relationship education remain part of the National Curriculum for science (see above). These must be taught to all pupils and parents/carers can not withdraw pupils from such lessons. Any queries regarding the delivery of SRE at Streatham Wells should in the first instance be referred to the PSHE co-ordinator who will liaise with the Head Teacher.

Confidentiality

The welfare of our children is always central to our policy and practice. Before all SRE sessions it is essential that children are made aware of the importance of and the limits of confidentiality within school. Any disclosures made will be reported to the Child Protection Officer for the school.

Inclusion

At Streatham Wells we believe that all children have the right to access the SRE programme regardless of ability, race, gender, age and culture. We will ensure that we provide a programme to meet all of these needs.

Management, Monitoring and Evaluation of SRE

The PSHE subject leader, in consultation with the school staff will manage this subject.

Overall Responsibility for this Policy is with the school Senior Leadership Team and Governing body.

The PSHE subject leader will:

- Monitor and evaluate the SRE programme with the Senior Leadership Team
- Liaise with the whole school community, LA advisors and school nurses about the provision for PSHE every two years
- Update and evaluate resources
- Assess staff training needs
- Keep up to date with current legislation
- Discuss with any interested parents/carers the content of the SRE programme

This policy is a working document and will be reviewed every two years.

Reviewed: May 2018
Next Review: May 2020